

SSC Meet Schedule 2009-2010

Updated: 4-30-10					
2009-2010 Meets	Month	Date of Meet	Location	Targeted Swimmers	
Sockeye Sprints	October	3rd	Renton	All	
Thunderbolt Invitational	October	16th-18th	Beaverton	Seniors	
October Challenge	October	17th-18th	Kamiak	All	
Fall Harvest Invite	November	7th-8th	Kamiak	All	
Q Meet	November	15th	KCAC	Dequal	
Distance Meet	November	15th	Kamiak	Time Standards	
Age Group Invitational	November	21st-22nd	Kamiak	Time Standards	
Short Course Nationals	December	3rd-6th	KCAC	Time Standards	
Divisional Champs	December	5th-6th	Marysville	Dequal	
USA Junior Nationals	December	10th-13th	Columbus OH	Time Standards	
14&U PNS Champs	December	11th-13th	KCAC	Time Standards	
Washington State Champs	December	17th-20th	KCAC	Time Standards	
January Challenge	January	16th-17th	Kamiak	All	
Washington State Open	January	21st-24th	KCAC	Time Standards	
February Challenge	February	6th-7th	Anacortes	All	
WAVE Distance	February	14th	Juanita	Time Standards	
Age Group Invitational	February	26th-28th	Kamiak	Time Standards	
Senior Sectionals	March	10th-14th	TBA	TBA	
NW Age Group Sectionals	March	18th-21st	KCAC	Time Standards	
NCSA Junior Nationals	March	16th-20th	Orlando	Time Standards	
Divisional Champs	March	27th-28th	KCAC	Dequal	
Painterman.com Invite	April	17th-18th	Marysville	All	
LC Kick-Off	April	24th-25th	KCAC	One Silver Time Required	
Spring Thunderbird	May	14th-16th	Anacortes	For Those NOT at Pac Coast (Pac Coast has time standards)	
Pac Coast	May	14th-16th	KCAC	One Gold Time Required	
Summer Spectacular	June	12th-13th	KCAC	One Silver Time Required	
Titlow Classic	June	26th-27th	Tacoma	All: Those not at WEST	
WEST Invite	June	25th-27th	KCAC	Time Standards	
Sizzlin Summer	July	16th-18th	Moses Lake	All	
Senior Sectionals	July	20th-24th	Oregon	Time Standards	
Summer Grand Challenge	July	24th-25th	KCAC	Dequal	
PNS Champs	July/Aug.	29th-1st	KCAC	Time Standards	
Nationals	Aug.	3rd-7th	Irvine CA	Nationals	
Western Zone Sr. Meet	Aug.	6th-8th	Fresno CA	Time Standards	
Junior Nationals	Aug.	9th-13th	Irvine CA	Jr. Nationals	