

Last Revised: 12-29-2008

<b>2008-2009 Meets</b>	<b>Month</b>	<b>Date of Meet</b>		<b>Location</b>	<b>Targeted Swimmers</b>	<b>Entry</b>	<b>Corrections/ Withdrawals</b>	<b>Mail in Date (to Host)</b>
		<b>Month</b>	<b>Meet</b>			<b>Deadline</b>	<b>Due</b>	<b>Host)</b>
SC Junior Nationals	Dec.	11th-13th		Austin TX	All: Time Standards	Coach to Enter		
PNS Champs 14&U	Dec.	12th-14th		KCAC	All: Time Standards	11/30/2008	12/2/2008	12/3/2008
PNS Champs 15&O	Dec.	18th-21st		KCAC	All: Time Standards	12/7/2008	12/9/2008	12/10/2008
Senior Circuit	Jan.	3rd-4th		KCAC	Senior: Time Standards	12/19/2008	12/22/2008	12/23/2008
Challenge Meet	Jan.	17th-18th		Olympia/Evergreen	Age Group	1/4/2009	1/6/2009	1/7/2009
Washington Open	Jan.	22nd-25th		KCAC	Senior: Time Standards	1/2/2009	1/4/2009	1/6/2009
Challenge Meet	Feb.	7th-8th		Mukilteo/Kamiak	Age Group	1/21/2009	1/24/2009	1/27/2009
AG Invite	Feb.	28th-1st		Mukilteo/Kamiak	All: Time Standards	2/14/2009	2/17/2009	2/19/2009
Boys State	Feb.	20th-21st		KCAC	Support our HS Boys!!!	NA	NA	NA
Distance Meet	Feb.	22nd		Mukilteo/Kamiak	All	2/4/2009	2/7/2009	2/10/2009
March Grand Pent.	March	21st			All: Dequal			
Senior Sectionals	March	10th-14th		KCAC	All: Time Standards			
NCSA Junior Nationals	March	17-21		Orlando FL	Senior: Time Standards			
Age Group Sectionals	March	27th-29th		KCAC	All: Time Standards			
<b>AGE GROUP BREAK: APRIL 4th-12th.....NO BREAK FOR SENIORS (Vacation on individual basis based on final SC meet).</b>								
LC Kick-Off	April	25th-26th		KCAC	All			
Pac Coast	May	15th-17th		KCAC	All: Time Standards			
Apple Capital	May	29th-31st		Wenatchee	All Age Group			
Grand Prix	June	11th-14th		Santa Clara CA	Seniors: Time Standards			
Medal Mania	June	13th-14th		KCAC	All			
WEST Invite	June	27th-28th		KCAC	Senior: Time Standards			
Sizzlin Summer	July	17th-19th		Moses Lake	All			
Senior Sectionals	July	21st-25th		Mt. Hood Gresham OR	Senior: Time Standards			
PNS Champs	July	23rd-26th		KCAC	All: Time Standards			
US Open	Aug.	4th-8th		KCAC	All: Time Standards			
Junior Nationals	Aug.	10th-14th		KCAC	All: Time Standards			