

Improvement Report
2025 WA State Senior SC Champi
Meet Date: 12/18/2025
Location: Federal Way, WA
Report Date: 12/23/2025

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best Cut	Time Standard
Albertsen, Ayden	16	M	Open 100 Back	F			54.48YL	55.70Y	-1.22		
Albertsen, Ayden			Open 100 Free	F			48.68YL	49.79Y	-1.11		
Albertsen, Ayden			Open 200 Free	P	52		1:49.42Y	1:50.53Y	-1.11		
Albertsen, Ayden			Open 50 Back	F			25.36YL	25.99Y	-0.63		
Anderson, Elissa	17	F	Open 100 Fly	P	54		1:02.31Y	58.32Y	3.99		
Anderson, Elissa			Open 100 Free	F			55.87YL	54.45Y	1.42		
Anderson, Elissa			Open 200 Free	P	46		2:01.12Y	1:57.14Y	3.98		
Anderson, Elissa			Open 50 Back	P	55		29.43Y	28.93Y	0.50		
Anderson, Elissa			Open 50 Fly	F	18		26.64Y	26.45Y	0.19		
Anderson, Elissa				P	22		27.22Y	26.45Y	0.77		
Anderson, Elissa			Open 50 Free	P	54		25.41Y	24.69Y	0.72		
Chai, Lucas	16	M	Open 100 Breast	P	44		1:03.14Y	1:02.89Y	0.25		
Chai, Lucas			Open 100 Free	P	57		49.83Y	50.09Y	-0.26		
Chai, Lucas			Open 50 Breast	P	41		28.77Y	28.63Y	0.14		
Chai, Lucas			Open 50 Free	P	52		22.79Y	22.61Y	0.18		
Green, Jack	18	M	Open 100 Breast	F	11	6.00	58.82Y	59.71Y	-0.89		
Green, Jack				P	13		58.73Y	59.71Y	-0.98		
Green, Jack			Open 100 Fly	P	44		53.36Y	54.75Y	-1.39		
Green, Jack			Open 200 IM	F	21		2:00.41Y	1:58.10Y	2.31		
Green, Jack				P	19		1:59.05Y	1:58.10Y	0.95		
Green, Jack			Open 50 Back	F	21		25.09Y	25.25Y	-0.16		
Green, Jack				P	23		25.19Y	25.25Y	-0.06		
Green, Jack			Open 50 Breast	F	12	5.00	27.16Y	27.23Y	-0.07		
Green, Jack				P	11		27.39Y	27.23Y	0.16		
Green, Jack			Open 500 Free	P	43		4:58.67Y	4:53.32Y	5.35		
Green, Samuel	14	M	Open 100 Free	F	2		53.54Y	51.79Y	1.75		
Green, Samuel			Open 1000 Free	F	40		10:32.31Y	11:56.96Y	-1:24.65		

Green, Samuel			Open 1650 Free	F	34	17:41.29Y	17:21.69Y	19.60
Green, Samuel			Open 200 IM	P	57	2:08.78Y	2:11.97Y	-3.19
Green, Samuel			Open 50 Free	F		24.29YL	23.69Y	0.60
Green, Samuel			Open 500 Free	P	48	5:00.32Y	4:58.62Y	1.70
Grove, Mia	21	F	Open 100 Back	F		1:00.75YL	56.88Y	3.87
Grove, Mia			Open 50 Back	F	21	28.05Y	26.74Y	1.31
Grove, Mia				P	23	27.91Y	26.74Y	1.17
Grove, Mia			Open 50 Free	P	47	25.34Y	24.22Y	1.12
Huber, Olivia	18	F	Open 50 Back	P	81	31.00Y	29.59Y	1.41
Huber, Olivia			Open 50 Free	P	114	28.10Y	25.28Y	2.82
Lam, Brandon	17	M	Open 100 Breast	P	29	1:00.40Y	1:00.78Y	-0.38
Lam, Brandon			Open 50 Breast	F	23	27.93Y	28.03Y	-0.10
Lam, Brandon				P	19	27.62Y	28.03Y	-0.41
Lam, Elliana	14	F	Open 100 Breast	P	56	1:12.61Y	1:10.66Y	1.95
Lam, Elliana			Open 50 Free	F		25.49YL	25.06Y	0.43
Lee, Shelby	28	M	Open 50 Free	F		19.93YL	20.07Y	-0.14
Maley, Megan	16	F	Open 100 Back	P	31	1:01.07Y	1:01.19Y	-0.12
Maley, Megan			Open 100 Free	P	44	55.43Y	54.62Y	0.81
Maley, Megan			Open 50 Back	P	33	28.64Y	28.90Y	-0.26
Maley, Megan			Open 50 Fly	P	28	27.74Y	27.82Y	-0.08
Maley, Megan			Open 50 Free	P	52	25.37Y	24.62Y	0.75
Martin, Isabella	16	F	Open 100 Breast	P	78	1:20.04Y	1:17.51Y	2.53
Martin, Isabella			Open 100 Free	P	100	1:01.18Y	59.72Y	1.46
Martin, Isabella			Open 50 Breast	P	60	34.47Y	34.54Y	-0.07
Martin, Isabella			Open 50 Free	P	111	27.68Y	26.95Y	0.73
Oden, Derek	16	M	Open 50 Free	P	27	21.94Y	22.42Y	-0.48
Pan, Anneliese	16	F	Open 100 Free	P	49	55.83Y	55.18Y	0.65
Pan, Anneliese			Open 200 Free	F		2:05.16YL	2:05.87Y	-0.71
Pan, Anneliese			Open 50 Back	P	78	30.69Y	30.95Y	-0.26
Pan, Anneliese			Open 50 Free	F	4	24.95Y	24.61Y	0.34
Pan, Brianna	18	F	Open 100 Breast	P	73	1:15.95Y	1:15.28Y	0.67
Pan, Brianna			Open 50 Breast	P	47	33.32Y	33.50Y	-0.18
Pan, Brianna			Open 50 Free	P	105	27.31Y	27.41Y	-0.10
Phillips, Vincent	17	M	Open 100 Fly	P	47	53.58Y	52.32Y	1.26
Phillips, Vincent			Open 100 Free	P	66	50.32Y	49.62Y	0.70
Phillips, Vincent			Open 50 Fly	P	31	23.98Y	23.92Y	0.06
Phillips, Vincent			Open 50 Free	P	36	22.26Y	22.10Y	0.16

Ren, Matthew	16	M	Open 100 Breast	P	53		1:04.14Y	1:04.29Y	-0.15
Ren, Matthew			Open 100 Free	P	103		53.14Y	53.05Y	0.09
Ren, Matthew			Open 200 Breast	P	70		2:23.83Y	2:21.73Y	2.10
Ren, Matthew			Open 50 Breast	P	65		30.36Y	29.71Y	0.65
Ridout, Renee	14	F	Open 1000 Free	F	43		11:50.29Y	12:29.55Y	-39.26
Ridout, Renee			Open 1650 Free	F	36		20:11.96Y	19:44.57Y	27.39
Ridout, Renee			Open 200 Free	P	80		2:11.92Y	2:09.43Y	2.49
Ridout, Renee			Open 500 Free	P	67		5:41.83Y	5:41.98Y	-0.15
Sullivan, Keelie	17	F	Open 100 Back	F	15	2.00	1:00.09Y	58.33Y	1.76
Sullivan, Keelie				P	15		59.55Y	58.33Y	1.22
Sullivan, Keelie			Open 100 Fly	P	53		1:01.84Y	1:00.60Y	1.24
Sullivan, Keelie			Open 200 Back	F	11	6.00	2:07.18Y	2:07.89Y	-0.71
Sullivan, Keelie				P	12		2:07.40Y	2:07.89Y	-0.49
Sullivan, Keelie			Open 200 IM	F	22		2:14.09Y	2:11.52Y	2.57
Sullivan, Keelie				P	23		2:14.87Y	2:11.52Y	3.35
Sullivan, Keelie			Open 50 Back	F	22		28.08Y	27.71Y	0.37
Sullivan, Keelie				P	21		27.89Y	27.71Y	0.18
Sullivan, Keelie			Open 50 Fly	P	27		27.73Y	28.30Y	-0.57
Tomandl, Spencer	16	M	Open 100 Free	P	89		51.88Y	50.91Y	0.97
Tomandl, Spencer			Open 50 Back	P	41		26.74Y	26.83Y	-0.09
Tomandl, Spencer			Open 50 Free	P	72		23.46Y	23.61Y	-0.15
Tomandl, Spencer			Open 500 Free	P	67		5:10.00Y	5:08.42Y	1.58
Tuomisto, Rysen	16	M	Open 100 Fly	P	29		52.55Y	52.58Y	-0.03
Tuomisto, Rysen			Open 100 Free	F	6	13.00	45.98Y	46.58Y	-0.60
Tuomisto, Rysen				P	8		46.28Y	46.58Y	-0.30
Tuomisto, Rysen			Open 200 Free	P	36		1:47.01Y	1:46.37Y	0.64
Tuomisto, Rysen			Open 50 Breast	F	11	6.00	27.09Y	29.70Y	-2.61
Tuomisto, Rysen				P	12		27.44Y	29.70Y	-2.26
Tuomisto, Rysen			Open 50 Fly	F	16	1.00	24.61Y	23.29Y	1.32
Tuomisto, Rysen				P	16		23.47Y	23.29Y	0.18
Tuomisto, Rysen			Open 50 Free	F	4	15.00	20.81Y	21.27Y	-0.46
Tuomisto, Rysen				P	3		20.84Y	21.27Y	-0.43

Wang, Megan	18	F	Open 100 Back	P	42	1:01.85Y	1:01.72Y	0.13
Wang, Megan			Open 100 Fly	P	73	1:06.77Y	1:01.05Y	5.72
Wang, Megan			Open 200 Back	P	58	2:19.32Y	2:14.65Y	4.67
Wang, Megan			Open 50 Back	P	33	28.64Y	28.47Y	0.17
Wei, Adina	16	F	Open 100 Back	P	65	1:05.35Y	1:05.68Y	-0.33
Wei, Adina			Open 100 Free	F		57.19YL	57.47Y	-0.28
Wei, Adina			Open 200 Back	P	68	2:23.70Y	2:18.92Y	4.78
Wei, Adina			Open 50 Free	P	95	26.82Y	26.77Y	0.05