

2026 PN IST January Invitational - 1/24/2026 to 1/25/2026**Hosted by Issaquah Swim Team****Session Report (Scratch Factor: 3%)**

Session: 1 Saturday AM

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 100 IM	160	20 u	09:00 AM	_____
Finals	2 Mixed 10 & Under 25 Freestyle	52	7 u	09:38 AM	_____
Finals	3 Mixed 100 Freestyle	228	29 u	09:44 AM	_____
Finals	4 Mixed 10 & Under 25 Backstroke	67	9 u	10:33 AM	_____
Finals	5 Mixed 100 Backstroke	192	24 u	10:43 AM	_____
Finals	6 Mixed 10 & Under 25 Breaststroke	56	7 u	11:33 AM	_____
Finals	7 Mixed 100 Breaststroke	177	23 u	11:40 AM	_____
Finals	8 Mixed 10 & Under 25 Butterfly	55	7 u	12:26 PM	_____
Finals	9 Mixed 100 Butterfly	127	16 u	12:33 PM	_____
	Swimmers Counts for Warm-ups: 411	=====	=====		
	Entry / Heat Totals:	1,114	142		
	Finish Time			01:01 PM	_____

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Session: 2 Saturday PM
Day of Meet: 1 Starts at 02:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	10 Mixed 11 & Over 500 Freestyle	25	5 u	02:00 PM	_____
Finals	11 Mixed 11 & Over 400 IM	16	3 u	02:35 PM	_____
Finals	12 Mixed 11 & Over 1650 Freestyle	7	2 u	02:51 PM	_____
	Swimmers Counts for Warm-ups: 48	=====	=====		
	Entry / Heat Totals:	48	10		
	Finish Time			03:33 PM	_____

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Session: 3 Sunday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Mixed 200 Freestyle	93	12 u	09:00 AM	_____
Finals	14 Mixed 50 Backstroke	210	27 u	09:39 AM	_____
Finals	15 Mixed 11 & Over 200 Backstroke	50	7 u	10:17 AM	_____
Finals	16 Mixed 50 Breaststroke	207	26 u	10:41 AM	_____
Finals	17 Mixed 11 & Over 200 Breaststroke	45	6 u	11:13 AM	_____
Finals	18 Mixed 50 Butterfly	164	21 u	11:33 AM	_____
Finals	19 Mixed 11 & Over 200 Butterfly	7	1 u	11:57 AM	_____
Finals	20 Mixed 50 Freestyle	258	33 u	12:00 PM	_____
Finals	21 Mixed 200 IM	63	8 u	12:34 PM	_____
	Swimmers Counts for Warm-ups: 390	=====	=====		
	Entry / Heat Totals:	1,097	141		
	Finish Time			01:00 PM	_____

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Session: 4 Sunday PM
Day of Meet: 2 Starts at 02:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	22 Mixed 11 & Over 500 Freestyle	26	5 u	02:00 PM	_____
Finals	23 Mixed 11 & Over 400 IM	30	5 u	02:32 PM	_____
Finals	24 Mixed 11 & Over 1000 Freestyle	17	3 u	03:01 PM	_____
	Swimmers Counts for Warm-ups: 69	=====	=====		
	Entry / Heat Totals:	73	13		
	Finish Time			03:40 PM	_____