

2026 PN IST January Invitational - 1/24/2026 to 1/25/2026

Hosted by Issaquah Swim Team

Psych Sheet

#10 Mixed 11 & Over 500 Yard Freestyle				#22 Mixed 11 & Over 500 Yard Freestyle				29	Brand, Isla J	W13 IST-PN	NT
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	30	Pelham, Abby E	W14 IST-PN	NT
1	Tuomisto, Rysen M	M16 SRST-PN	5:04.84	1	Canaday, Cole S	M17 IST-PN	4:53.59	31	Wang, Adrian Y	M14 IST-PN	NT
2	Francis, Will E	M14 IST-PN	5:38.01	2	Sternberg, Hunter J	M17 IST-PN	4:58.69	#24 Mixed 11 & Over 1000 Yard Freestyle			
3	Carlson, Chris D	M15 IST-PN	5:42.37	3	Bell, Aaron V	M18 IST-PN	5:01.62	Name	Age	Team	Seed Time
4	Ambekar, Pranag	M16 IST-PN	5:45.09	4	Wang, Brett H	M17 IST-PN	5:06.21	1	Stahl, Patrick S	M14 IST-PN	10:51.32
5	Hong, Vincent L	M17 IST-PN	5:50.00	5	Lee, Mason J	M13 IST-PN	5:07.88	2	Randeney, Ramitha R	M16 IST-PN	11:39.44
6	Sancewich, Hudson W	M14 IST-PN	5:53.03	6	Walker, Carson W	M17 IST-PN	5:13.21	3	Ridout, Renee K	W14 SRST-PN	11:50.29
7	Zheng, Gordon	M14 IST-PN	5:56.67	7	Keibler, Walter J	M18 IST-PN	5:13.81	4	Porter, Mason B	M15 IST-PN	12:07.63
8	Mann, Aiden R	M16 IST-PN	6:00.00	8	Shaw, Nathan W	M17 IST-PN	5:14.53	5	Lindsey, Tommy J	M13 IST-PN	12:07.74
9	LeClaire, Kellen M	M16 IST-PN	6:18.07	9	Guinn, Griff M	M18 IST-PN	5:23.49	6	Hanson, Julia N	W15 IST-PN	12:10.71
10	Gilszmer, Michelle M	W13 SSCD-PN	6:19.18	10	Magnotti, Ruth H	W18 IST-PN	5:31.08	7	Potter, Gregory S	M15 IST-PN	12:16.09
11	Kang, Hannah	W15 SSCD-PN	6:23.30	11	Hepkin, Penelope L	W17 IST-PN	5:41.58	8	Wilson, Asher J	M15 MMSC-PN	12:22.22
12	Rohit, Adit K	M15 IST-PN	6:28.79	12	Ridout, Renee K	W14 SRST-PN	5:41.83	9	Vander Mey, Mia G	W14 IST-PN	12:33.09
13	Pendse, Soham A	M17 IST-PN	6:31.70	13	Wilson, Asher J	M15 MMSC-PN	5:44.81	10	Hansen, Beckett C	M16 IST-PN	12:42.08
14	Milan, Akshat N	M17 IST-PN	6:32.67	14	Wu, Jensen	M17 IST-PN	5:46.27	11	Thompson, Ava G	W12 MMSC-PN	13:39.27
15	Blevins, Charlotte M	W15 IST-PN	6:34.81	15	Chan, Madison T	W16 IST-PN	5:46.42	12	Christy, Ryan G	M15 MMSC-PN	13:39.28
16	Chandler, Shelby M	W15 SSCD-PN	6:36.19	16	Ye, Eunice Y	W14 SRST-PN	5:57.76	13	Blevins, Charlotte M	W15 IST-PN	13:57.16
17	Niu, Kai Z	M14 IST-PN	6:41.52	17	Hiciano, Shaila	W13 IST-PN	6:00.87	14	Francis, Will E	M14 IST-PN	14:00.00
18	Ngo, Amelia S	W15 IST-PN	6:42.81	18	Christy, Ryan G	M15 MMSC-PN	6:07.21	15	Bhattacharjee, Ayushman	M13 SRST-PN	NT
19	Fahringer, Julianne L	W15 IST-PN	6:54.25	19	Gunderman, Nadav R	M13 IST-PN	6:12.20	16	Estes, Hudson L	M15 IST-PN	NT
20	Svyrydenko, Sofiia V	W14 IST-PN	6:54.79	20	Hua, Zander G	M13 IST-PN	6:16.88	17	Zheng, Ivan	M15 IST-PN	NT
21	Wang, Adrian Y	M14 IST-PN	6:56.56	21	Sanjel, Reevana	W14 IST-PN	6:25.94	18	Malo, Alexander X	M16 IST-PN	NT
22	Miranda Oyervides, Giselle	W15 IST-PN	7:04.89	22	King, Katelyn R	W12 SRST-PN	6:34.22				
23	Pelham, Abby E	W14 IST-PN	8:04.04	23	Cross, Margaret T	W12 IST-PN	6:36.30				
24	Doerge, Reese A	W13 SRST-PN	8:43.40	24	Fernandez, Lillian S	W13 IST-PN	6:46.92				
25	Rosario, Xavier J	M15 IST-PN	8:57.77	25	Green, Kate B	W11 SRST-PN	6:52.06				
26	Lundblad, Kathy	W23 IST-PN	NT	26	Russell, Abby E	W16 SRST-PN	7:43.61				
#11 Mixed 11 & Over 400 Yard IM				27	Copaceanu, Alexandra	W11 SRST-PN	8:24.06				
Name	Age	Team	Seed Time	#23 Mixed 11 & Over 400 Yard IM							
1	Canaday, Cole S	M17 IST-PN	4:15.82	Name	Age	Team	Seed Time				
2	Keibler, Walter J	M18 IST-PN	4:19.42	1	Hu, Nathan Y	M17 IST-PN	4:15.16				
3	Sternberg, Hunter J	M17 IST-PN	4:26.12	2	Green, Jack T	M18 SRST-PN	4:19.42				
4	Wang, Brett H	M17 IST-PN	4:26.53	3	Zhou, Justin	M15 EAST-PN	4:35.12				
5	Shaw, Nathan W	M17 IST-PN	4:34.67	4	Robertson, Ava L	W17 IST-PN	4:52.32				
6	Walker, Carson W	M17 IST-PN	4:35.09	5	Chang, Jiho	M14 IST-PN	4:54.89				
7	Magnotti, Ruth H	W18 IST-PN	4:37.07	6	Zeng, Aiden E	M16 IST-PN	5:05.86				
8	Bell, Aaron V	M18 IST-PN	4:40.65	7	Rosario, Xavier J	M15 IST-PN	5:15.00				
9	Guinn, Griff M	M18 IST-PN	4:43.89	8	Hong, Vincent L	M17 IST-PN	5:15.78				
10	Wu, Jensen	M17 IST-PN	4:46.10	9	Zheng, Gordon	M14 IST-PN	5:17.92				
11	Chan, Madison T	W16 IST-PN	4:56.75	10	Sancewich, Hudson W	M14 IST-PN	5:18.66				
12	Mulder, Aisha M	W17 IST-PN	5:04.95	11	Carlson, Chris D	M15 IST-PN	5:21.36				
13	Stevens, Logan S	M17 IST-PN	5:08.59	12	Stuart, Ellinor R	W13 IST-PN	5:22.70				
14	Naroski, Jenna L	W17 IST-PN	5:14.23	13	Ambekar, Pranag	M16 IST-PN	5:25.53				
15	Ye, Eunice Y	W14 SRST-PN	5:16.70	14	Hong, Grace Y	W14 IST-PN	5:25.95				
16	King, Katelyn R	W12 SRST-PN	5:34.48	15	Graham, Rowan L	W12 IST-PN	5:29.02				
17	Hepkin, Penelope L	W17 IST-PN	5:40.38	16	Mann, Aiden R	M16 IST-PN	5:30.00				
#12 Mixed 11 & Over 1650 Yard Freestyle				17	Ngo, Amelia S	W15 IST-PN	5:30.24				
Name	Age	Team	Seed Time	18	Shlykovich, Alisa	W13 IST-PN	5:30.84				
1	Green, Jack T	M18 SRST-PN	17:23.70	19	Rohit, Adit K	M15 IST-PN	5:31.39				
2	Ridout, Renee K	W14 SRST-PN	19:44.57	20	Flynn, Presley E	W12 IST-PN	5:35.57				
3	Robertson, Ava L	W17 IST-PN	20:12.24	21	LeClaire, Kellen M	M16 IST-PN	5:37.64				
4	Wilson, Asher J	M15 MMSC-PN	20:28.02	22	Ngo, Sebastian J	M12 IST-PN	5:43.82				
5	Thompson, Ava G	W12 MMSC-PN	21:07.10	23	Niu, Kai Z	M14 IST-PN	5:50.00				
6	Christy, Ryan G	M15 MMSC-PN	21:07.11	24	Singh, Adya	W15 IST-PN	5:53.58				
7	Green, Kate B	W11 SRST-PN	25:11.59	25	Svyrydenko, Sofiia V	W14 IST-PN	5:59.61				
				26	Green, Kate B	W11 SRST-PN	6:07.64				
				27	Rao, Nishan A	M13 IST-PN	6:45.09				
				28	Zhang, Alan	M13 IST-PN	NT				