

Last Revised: 4-22-09

2008-2009 Meets	Month	Date of Meet	Location	Targeted	Swimmers	Entry Deadline	Corrections/ Withdrawals/ Due	Mail in Date (to Host)
AGE GROUP BREAK: APRIL 4th-12th.....NO BREAK FOR SENIORS (Vacation on individual basis based on final SC meet).								
Painterman.com Invite	April	18th-19th	Marysville	All: No Time Standard		4/3/2009	4/5/2009	4/7/2009
LC Kick-Off	April	25th-26th	KCAC	One Silver Time Required		4/3/2009	4/5/2009	4/7/2009
Pac Coast	May	15th-17th	KCAC	One Gold Time Required		5/1/2009	5/4/2009	5/6/2009
Apple Capital	Meet entries sent out/closed.							
Medal Mania	June	13th-14th	KCAC	All		5/22/2009	5/25/2009	5/27/2009
Begin Summer Schedule: Beginning Monday June 22nd								
WEST Invite	June	27th-28th	KCAC	Senior: Time Standards		4/27/2009	4/29/2009	5/2/2009
World Championship Trials	July	7th-11th	Indianapolis	Nationals		6/30/2009	6/30/2009	6/30/2009
Sizzlin Summer	July	10th-12th	Moses Lake	All		5/8/2009	5/10/2009	5/11/2009
Summer Grand Challenge	July	18th-19th	Tacoma (Titlow)	All: Dequal		7/3/2009	7/5/2009	7/7/2009
PNS Champs	July	23rd-26th	KCAC	All: Time Standards		7/13/2009	7/14/2009	7/15/2009
US Open	Aug.	4th-8th	KCAC	Nationals		Sign up with Coach		
Junior Nationals	Aug.	10th-14th	KCAC	Nationals		Sign up with Coach		
NOTE: THE APPLE CAPITAL MEET WILL BE ON SHORT NOTICE; BE PREPARED TO MOVE QUICKLY.								