



Pacific Northwest Swimming
 2016 PN WAVE June Mini Meet -- Sanction #1606-SP08
 Juanita Aquatic Center, Kirkland, Washington
 Hosted by WAVE Aquatics

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.



SCHEDULES	SATURDAY, JUNE 11, 2016
Coaches' Meeting	45 min prior to competition if necessary
Officials' Meetings	30 minutes before start of competition
Timers' Meetings	20 minutes before start of competition
Warm-ups	7:30 AM
Timed Finals	8:00 AM

MEET DIRECTOR:

- Alan Cardwell
 • alancardwell@waveaquatics.org
 • (425) 503-1327 (m)

MEET REFEREE:

- Dwight Yoder
 • dandmyoder@yahoo.com

LOCATION AND DIRECTIONS

Juanita Aquatic Center
 10601 NE 132nd Street
 Kirkland, Washington

Directions: Take I-405 to exit 20B. Go west (left) on NE 124th St to 116th Ave NE. Turn north (right) onto 116th Ave NE and continue to NE 132nd St. Go west (left) on NE 132nd St about half a mile; turn left into school. The pool will be to your right past the gym.

FACILITY

- 25 yard, 6-lane competitive pool
- Starting end 12.0 feet deep; turning end 5.0 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- Warm-up pool in the shallow end
- 200 spectator seats
- Electronic timing system w/6-lane readout
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Changing in or out of swimsuits other than in locker rooms or other designated areas is prohibited.

ONSITE AMENITIES

- **Vendor, concessions:** None
- **Heat Sheets:** will be posted
- **Results** on PNS web site
- **Hospitality** for coaches and officials only
- **Parking:** ample parking in high school parking lots

ELIGIBILITY:

- All swimmers must be registered with USA Swimming through Wave Aquatics (WAVE-PN) or StingRay Swim Team (SRST-PN)..
- Age groups are based on the age of the swimmer as of the meet date.

ENTRY INFORMATION:

- Each swimmer may enter up to a maximum of three (3) individual events. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- On-deck USA Swimming registration will not be permitted. On-deck transfer onto WAVE or SRST will not be permitted.
- Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards. Deck entry fees must be paid prior to the swim.
- Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through WAVE or SRST and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.
- **All USA Swimming registration numbers will be verified with the PNS registration database.**

ENTRY FEES:

- Surcharge: \$5.00
- Individual Event: \$1.00 per event
- No refunds or credits will be given for events entered but not swum; no event swapping.
- All fees must accompany entries.

AWARDS AND SCORING: Ribbons for 1st – 6th places by age group (8&U, 9-10, 11) and gender.

MEET RULES:

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- All events will be seeded and swum mixed girls and boys..
- All 25 yard events will start from the bulkhead and finish at the deep end.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last ten minutes of each warm-up period:
 - Lanes 1 & 6—pace lanes, no diving
 - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 4
 - Lanes 3 & 4—general warm-up, no diving
 - Additional sprint lanes may be made available upon request to the Meet Referee.



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- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- Swimmers who participate without their USA Swimming certified coach present must notify the Meet Referee prior to warm-up. The swimmer will be assigned to a coach and may not enter the water at any time unless supervised by said coach.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

OTHER NOTES:

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials, and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.
- Team Areas: Please keep your area clean, and pick up all trash before leaving meet.

ENTRY SUBMITTAL INFORMATION: WAVE's entries will be processed in-house, and entry information will be provided to SRST.

ORDER OF EVENTS	
Ev #	Event
1	Mixed 11&U 50 Free
2	Mixed 11&U 25 Back
3	Mixed 11&U 25 Breast
4	Mixed 11&U 25 Fly
5	Mixed 11&U 25 Free
6	Mixed 11&U 100 IM



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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$ 5.00	\$
INDIVIDUAL EVENTS:		X \$ 1.00	\$
		SUBTOTAL:	\$
LESS OUTREACH VOUCHERS:			(\$)
		TOTAL:	\$

Make one check payable to **WAVE Aquatics**.

THE FOLLOWING STATEMENT MUST BE SIGNED:

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

 Signature of Coach or Team Representative

 Date

 Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.