

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 1 11/12 Friday AM

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 400 Freestyle	28	4	09:00 AM	_____
Finals	2 Boys 11-12 400 Freestyle	21	3	09:27 AM	_____
Finals	3 Girls 11-12 200 Backstroke	34	5	09:49 AM	_____
Finals	4 Boys 11-12 200 Backstroke	19	3	10:09 AM	_____
Finals	5 Girls 11-12 200 Breaststroke	17	3	10:21 AM	_____
Finals	6 Boys 11-12 200 Breaststroke	10	2	10:33 AM	_____
Finals	7 Girls 11-12 200 Butterfly	16	2	10:42 AM	_____
Finals	8 Boys 11-12 200 Butterfly	11	2	10:50 AM	_____
Finals	9 Girls 11-12 200 IM	42	6	10:58 AM	_____
Finals	10 Boys 11-12 200 IM	30	4	11:20 AM	_____
	Swimmer Count for Warm-ups: 106	=====	=====		
	Entry / Heat Totals:	228	34		
	Finish Time			11:34 AM	_____

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 2 13 & Over Friday PM

Day of Meet: 1 Starts at 12:30 PM Heat Interval: 3 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Girls 13 & Over 50 Butterfly	70	9	12:30 PM	_____
Prelims	12 Boys 13 & Over 50 Butterfly	44	6	12:36 PM	_____
Prelims	13 Girls 13 & Over 50 Backstroke	40	5	12:40 PM	_____
Prelims	14 Boys 13 & Over 50 Backstroke	27	4	12:45 PM	_____
Prelims	15 Girls 13 & Over 50 Breaststroke	46	6	12:49 PM	_____
Prelims	16 Boys 13 & Over 50 Breaststroke	43	6	12:54 PM	_____
Prelims	17 Girls 13 & Over 50 Freestyle	79	10	12:59 PM	_____
Prelims	18 Boys 13 & Over 50 Freestyle	57	8	01:05 PM	_____
	Break: 2 Minutes				
Finals	19 Girls 13 & Over 200 Freestyle	196	25	01:12 PM	_____
Finals	20 Boys 13 & Over 200 Freestyle	128	16	02:17 PM	_____
Finals	21 Girls 13 & Over 200 Breaststroke	105	14	02:57 PM	_____
Finals	22 Boys 13 & Over 200 Breaststroke	92	12	03:45 PM	_____
Finals	23 Girls 13 & Over 200 Butterfly	103	13	04:24 PM	_____
Finals	24 Boys 13 & Over 200 Butterfly	60	8	05:03 PM	_____
Finals	25 Girls 13 & Over 1500 Freestyle	21	3	05:26 PM	_____
Finals	26 Boys 13 & Over 1500 Freestyle	18	3	06:06 PM	_____
	Swimmer Count for Warm-ups: 419	=====	=====		
	Entry / Heat Totals:	1,129	148		
	Finish Time			06:49 PM	_____

TIMELINE IS BASED ON TWO SWIMMERS PER LANE FOR THE 1500

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 3 12 & Under Saturday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 10 & Under 100 Breaststroke	32	4	09:00 AM	_____
Finals	28 Boys 10 & Under 100 Breaststroke	21	3	09:10 AM	_____
Finals	29 Girls 11-12 100 Breaststroke	48	6	09:18 AM	_____
Finals	30 Boys 11-12 100 Breaststroke	28	4	09:32 AM	_____
Finals	31 Girls 10 & Under 200 Freestyle	29	4	09:41 AM	_____
Finals	32 Boys 10 & Under 200 Freestyle	22	3	09:57 AM	_____
Finals	33 Girls 11-12 200 Freestyle	56	7	10:08 AM	_____
Finals	34 Boys 11-12 200 Freestyle	37	5	10:32 AM	_____
Finals	35 Girls 10 & Under 200 Freestyle Relay	9	2	10:50 AM	_____
Finals	36 Boys 10 & Under 200 Freestyle Relay	6	1	10:56 AM	_____
Finals	37 Girls 11-12 200 Freestyle Relay	9	2	10:59 AM	_____
Finals	38 Boys 11-12 200 Freestyle Relay	8	1	11:05 AM	_____
	Break: 2 Minutes				
Finals	39 Girls 10 & Under 50 Butterfly	45	6	11:10 AM	_____
Finals	40 Boys 10 & Under 50 Butterfly	25	4	11:18 AM	_____
Finals	41 Girls 11-12 50 Butterfly	48	6	11:23 AM	_____
Finals	42 Boys 11-12 50 Butterfly	41	6	11:30 AM	_____
Finals	43 Girls 10 & Under 50 Backstroke	36	5	11:38 AM	_____
Finals	44 Boys 10 & Under 50 Backstroke	35	5	11:46 AM	_____
Finals	45 Girls 11-12 50 Backstroke	45	6	11:53 AM	_____
Finals	46 Boys 11-12 50 Backstroke	39	5	12:02 PM	_____
Finals	47 Girls 10 & Under 50 Freestyle	39	5	12:09 PM	_____
Finals	48 Boys 10 & Under 50 Freestyle	35	5	12:15 PM	_____
Finals	49 Girls 11-12 50 Freestyle	51	7	12:21 PM	_____
Finals	50 Boys 11-12 50 Freestyle	49	7	12:28 PM	_____
	Swimmer Count for Warm-ups: 261	=====	=====		
	Entry / Heat Totals:	793	109		
	Finish Time			12:35 PM	_____

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 4 13 & Over Saturday PM

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 5 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Semis	11 Girls 13 & Over 50 Butterfly	16	2u	01:30 PM _____
Semis	12 Boys 13 & Over 50 Butterfly	16	2u	01:32 PM _____
Semis	13 Girls 13 & Over 50 Backstroke	16	2u	01:33 PM _____
Semis	14 Boys 13 & Over 50 Backstroke	16	2u	01:35 PM _____
Semis	15 Girls 13 & Over 50 Breaststroke	16	2u	01:36 PM _____
Semis	16 Boys 13 & Over 50 Breaststroke	16	2u	01:38 PM _____
Semis	17 Girls 13 & Over 50 Freestyle	16	2u	01:39 PM _____
Semis	18 Boys 13 & Over 50 Freestyle	16	2u	01:40 PM _____
	Break: 2 Minutes			
Finals	51 Girls 13 & Over 200 IM	199	25	01:43 PM _____
Finals	52 Boys 13 & Over 200 IM	140	18	02:57 PM _____
Finals	53 Girls 13 & Over 100 Backstroke	176	22	03:49 PM _____
Finals	54 Boys 13 & Over 100 Backstroke	102	13	04:26 PM _____
Finals	55 Girls 13 & Over 100 Butterfly	169	22	04:48 PM _____
Finals	56 Boys 13 & Over 100 Butterfly	119	15	05:19 PM _____
	Break: 2 Minutes			
Finals	57 Girls 13-14 200 Freestyle Relay	15	2	05:41 PM _____
Finals	58 Boys 13-14 200 Freestyle Relay	8	1	05:46 PM _____
Finals	59 Girls 15 & Over 200 Freestyle Relay	20	3	05:48 PM _____
Finals	60 Boys 15 & Over 200 Freestyle Relay	13	2	05:55 PM _____
	Break: 2 Minutes			
Finals	61 Girls 13 & Over 400 Freestyle	118	15	06:01 PM _____
Finals	62 Boys 13 & Over 400 Freestyle	98	13	06:44 PM _____
	Swimmer Count for Warm-ups: 427	=====	=====	
	Entry / Heat Totals:	1,305	167	
	Finish Time			07:22 PM _____

THIS TIMELINE IS BASED ON TWO PER LANE FOR THE 400 FREESTYLE

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 5 12 & Under Sunday AM

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 3 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	63 Girls 10 & Under 200 IM	31	4	09:00 AM	_____
Finals	64 Boys 10 & Under 200 IM	26	4	09:16 AM	_____
Finals	65 Girls 11-12 400 IM	18	3	09:28 AM	_____
Finals	66 Boys 11-12 400 IM	13	2	09:48 AM	_____
Finals	67 Girls 10 & Under 100 Butterfly	26	4	10:03 AM	_____
Finals	68 Boys 10 & Under 100 Butterfly	20	3	10:11 AM	_____
Finals	69 Girls 11-12 100 Butterfly	50	7	10:17 AM	_____
Finals	70 Boys 11-12 100 Butterfly	27	4	10:30 AM	_____
Finals	71 Girls 10 & Under 100 Backstroke	37	5	10:37 AM	_____
Finals	72 Boys 10 & Under 100 Backstroke	33	5	10:48 AM	_____
Finals	73 Girls 11-12 100 Backstroke	66	9	10:59 AM	_____
Finals	74 Boys 11-12 100 Backstroke	47	6	11:16 AM	_____
Finals	75 Girls 10 & Under 100 Freestyle	33	5	11:28 AM	_____
Finals	76 Boys 10 & Under 100 Freestyle	27	4	11:36 AM	_____
Finals	77 Girls 11-12 100 Freestyle	55	7	11:43 AM	_____
Finals	78 Boys 11-12 100 Freestyle	33	5	11:53 AM	_____
	Break: 3 Minutes				
Finals	79 Girls 10 & Under 50 Breaststroke	33	5	12:04 PM	_____
Finals	80 Boys 10 & Under 50 Breaststroke	27	4	12:09 PM	_____
Finals	81 Girls 11-12 50 Breaststroke	34	5	12:14 PM	_____
Finals	82 Boys 11-12 50 Breaststroke	36	5	12:18 PM	_____
	Break: 2 Minutes				
Finals	83 Girls 10 & Under 200 Medley Relay	8	1	12:25 PM	_____
Finals	84 Boys 10 & Under 200 Medley Relay	6	1	12:28 PM	_____
Finals	85 Girls 11-12 200 Medley Relay	10	2	12:32 PM	_____
Finals	86 Boys 11-12 200 Medley Relay	8	1	12:38 PM	_____
	Swimmer Count for Warm-ups: 240	=====	=====		
	Entry / Heat Totals:	704	101		
	Finish Time			12:41 PM	_____

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 6 800 Freestyle

Day of Meet: 3 Starts at 12:45 PM Heat Interval: 3 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	87 Mixed 11-12 800 Freestyle	12	2u	12:45 PM _____
Finals	88 Boys 11-12 800 Freestyle	0	0	01:07 PM _____
Finals	89 Girls 13 & Over 800 Freestyle	38	3u	01:07 PM _____
Finals	90 Boys 13 & Over 800 Freestyle	27	3u	01:18 PM _____
	Swimmer Count for Warm-ups: 77	=====	=====	
	Entry / Heat Totals:	77	11	
	Finish Time			01:54 PM _____

**PER THE MEET INFO, WE WILL ONLY SWIM 6 HEATS OF THE 13 & OVER 800 FREESTYLE (3 WOMEN, 3 MEN)
TIMELINE IS BASED ON 6 HEATS....THERE ARE 9 HEATS OF SWIMMERS ENTERED. CHECK PSYCH SHEET
TO SEE IF YOUR SWIMMERS ARE LIKELY TO BE SEEDED.**

West Coast Aquatics - WA

2009 West Coast Invitational, Sanction #: A0906-SP04
hosted by WEST Coast Aquatics
Session Report

Session: 7 13 & Over Sunday PM

Day of Meet: 3 Starts at 02:45 PM Heat Interval: 3 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	11 Girls 13 & Over 50 Butterfly	8	1 u	02:45 PM _____
Finals	12 Boys 13 & Over 50 Butterfly	8	1 u	02:46 PM _____
Finals	13 Girls 13 & Over 50 Backstroke	8	1 u	02:47 PM _____
Finals	14 Boys 13 & Over 50 Backstroke	8	1 u	02:47 PM _____
Finals	15 Girls 13 & Over 50 Breaststroke	8	1 u	02:48 PM _____
Finals	16 Boys 13 & Over 50 Breaststroke	8	1 u	02:49 PM _____
Finals	17 Girls 13 & Over 50 Freestyle	8	1 u	02:49 PM _____
Finals	18 Boys 13 & Over 50 Freestyle	8	1 u	02:50 PM _____
	Break: 2 Minutes			
Finals	91 Girls 13 & Over 100 Breaststroke	158	20	02:52 PM _____
Finals	92 Boys 13 & Over 100 Breaststroke	122	16	03:25 PM _____
Finals	93 Girls 13 & Over 200 Backstroke	161	21	03:50 PM _____
Finals	94 Boys 13 & Over 200 Backstroke	98	13	04:57 PM _____
Finals	95 Girls 13 & Over 100 Freestyle	216	27	05:37 PM _____
Finals	96 Boys 13 & Over 100 Freestyle	138	18	06:11 PM _____
	Break: 2 Minutes			
Finals	97 Girls 13-14 200 Medley Relay	14	2	06:34 PM _____
Finals	98 Boys 13-14 200 Medley Relay	7	1	06:40 PM _____
Finals	99 Girls 15 & Over 200 Medley Relay	20	3	06:42 PM _____
Finals	100 Boys 15 & Over 200 Medley Relay	15	2	06:50 PM _____
	Break: 2 Minutes			
Finals	101 Girls 13 & Over 400 IM	77	10	06:58 PM _____
Finals	102 Boys 13 & Over 400 IM	59	8	07:58 PM _____
	Swimmer Count for Warm-ups: 422	=====	=====	
	Entry / Heat Totals:	1,149	149	
	Finish Time			08:45 PM _____