

**Third Annual Dick LaFave Long Course Kick Off - 4/24/2010 to 4/25/2010**  
**Weyerhaeuser King County Aquatic Center, Sanction #: 1004-SP04**  
**hosted by South Snohomish County Dolphins**  
**Session Report**

Session: 1 Saturday A.M.

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 25 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Mixed 12 & Under 50 Butterfly	194	25	08:30 AM _____
Finals	2 Mixed 12 & Under 50 Backstroke	271	34	09:03 AM _____
Finals	3 Mixed 12 & Under 50 Breaststroke	248	31	09:46 AM _____
Finals	4 Mixed 12 & Under 50 Freestyle	322	41	10:29 AM _____
Finals	5 Mixed 12 & Under 200 IM	135	17	11:17 AM _____
	Swimmer Count for Warm-ups: 392	=====	=====	
	Entry / Heat Totals:	1,170	148	
	Finish Time			12:24 PM _____

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**Session Report**

Session: 2 Saturday P.M.

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 10 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	6 Mixed 13 & Over 100 Butterfly	165	21	02:00 PM _____
Finals	7 Mixed 13 & Over 100 Backstroke	172	22	02:33 PM _____
Finals	8 Mixed 13 & Over 100 Breaststroke	151	19	03:09 PM _____
Finals	9 Mixed 13 & Over 100 Freestyle	264	33	03:43 PM _____
Finals	10 Mixed 13 & Over 200 IM	204	26	04:30 PM _____
	Swimmer Count for Warm-ups: 328	=====	=====	
	Entry / Heat Totals:	956	121	
	Finish Time			05:54 PM _____

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**Session Report**

Session: 3 Sunday A.M.

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	11 Mixed 12 & Under 100 Backstroke	168	21	08:30 AM	_____
Finals	12 Mixed 11-12 200 Breaststroke	35	5	09:08 AM	_____
Finals	13 Mixed 12 & Under 100 Freestyle	244	31	09:28 AM	_____
Finals	14 Mixed 11-12 200 Butterfly	8	1	10:17 AM	_____
Finals	15 Mixed 11-12 400 IM	16	2u	10:21 AM	_____
Finals	16 Mixed 11-12 200 Backstroke	33	5	10:33 AM	_____
Finals	17 Mixed 12 & Under 100 Breaststroke	170	22	10:51 AM	_____
Finals	18 Mixed 12 & Under 200 Freestyle	98	13	11:35 AM	_____
Finals	19 Mixed 12 & Under 100 Butterfly	56	7	12:19 PM	_____
Finals	20 Mixed 9-12 400 Freestyle	32	4u	12:32 PM	_____
	Swimmer Count for Warm-ups: 294	=====	=====		
	Entry / Heat Totals:	860	111		
	Finish Time			12:44 PM	_____

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**Session Report**

Session: 4 Sunday P.M.

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	21 Mixed 13 & Over 50 Freestyle	205	26	01:45 PM _____
Finals	22 Mixed 13 & Over 200 Butterfly	59	8	02:00 PM _____
Finals	23 Mixed 13 & Over 200 Backstroke	147	19	02:24 PM _____
Finals	24 Mixed 13 & Over 400 Freestyle	92	12u	03:21 PM _____
Finals	25 Mixed 13 & Over 200 Breaststroke	115	15	03:53 PM _____
Finals	26 Mixed 13 & Over 200 Freestyle	189	24	04:43 PM _____
Finals	27 Mixed 13 & Over 400 IM	59	8u	05:49 PM _____
	Swimmer Count for Warm-ups: 296	=====	=====	
	Entry / Heat Totals:	866	112	
	Finish Time			06:35 PM _____