



StingRay Workout Records -From Dive Off Side (no blocks)

Boys	Events	Girls
22.1 Dan Ferguson 07'	50 Free	24.3 Alana Pazevic 08'
48.7 Dan Ferguson 08'	100 Free	54.3 Melissa Randolph 07'
1:47.5 Dan Ferguson 08'	200 Free	2:00.85 Melissa Randolph 07'
4:58 Garren Riechel 06'	500 Free	5:29.0 Maddie Baker 08'
10:36 Ali Abadi 07'	1000 Free	13:07 Cassie White 06'
17:28 Kyle Endres 07'	1650 Free	21:58 Cassie White 06'
32:00 Garren Riechel 06'	3000 Free	40:07 Cassie White 06'
23.58 Bryan Harvey 10'	50 Fly	26.6 Alana Pazevic 08'
51.3 Eric Pedack 08'	100 Fly	59.8 Melissa Randolph 06'
1:59.99 Kyle Endres 07'	200 Fly	2:12.2 Melissa Randolph 08'
24.8 Bryan Harvey 08'	50 Back	27.7 Rikka Brunner 07'
53.50 Bryan Harvey 10'	100 Back	57.7 Rikka Brunner 04'
2:00.8 Jimmy Rogers 07'	200 Back	2:04.3 Alana Pazevic 10'
27.02 Garren Riechel 07'	50 Breast	32.4 Emily Ferreira 08'
58.1 Garren Riechel 08'	100 Breast	1:08.1 Emily Ferreira 07'
2:16.2 Garren Riechel 07'	200 Breast	2:38.2 Alexa Weyer 10'
54.07 Kyle Endres 08'	100 IM	59.9 Alana Pazevic 08'
2:03.3 Kyle Endres 08'	200 IM	2:19.3 Melissa Randolph 06'
4:19 Kyle Endres 07'	400 IM	4:52 Cassie White 07'
9:18 Kyle Endres 06'	800 IM	10:30 Danielle Latimer 06'
57 minutes Derik "Body"	4000 Breast	