



GTAC Meet Review

By Coach Ben

The GTAC Meet was held in Cincinnati OH and it was a great experience for both myself and SSC up-and-coming swimmer, Haley Beranbaum. GTAC is an annual swim meet that is promoted by USA Swimming and recognized by IPC Swimming (International Paralympic Swimming) and pulls in athletes with disabilities from all across the US. Haley had outstanding performances in all her races and got to experience racing Paralympic Champions and World Record holders for the first time. This was also Haley's first long course meet. Haley competes in Class 6. To find out more about Disability Swimming visit www.usaswimming.org and click on Home / Member Resources / Swimmers / Disability. Also visit usparalympics.org.

Some of the many highlights:

- Winner in Class 6: 200 BR
- Qualified for the Can-Am Games in both the 50 and 100 BR
- Best times in all events

